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TURIYA THERAPY®

With Originator Jaisri M. Lambert

Ayurveda & Turiya Therapy

Ayurveda is the world's oldest holistic health science. "Turiya" is a repertoire of hands-on contact techniques based in Ayurvedic "MARMA" (energy point) Therapy which seeks to still the mind, support self-realization and transcend psycho-emotional causes of 'dis-ease'. Turiya therapy is safe, effective, easy to learn and profound to apply.



Jaisri M. Lambert, R.P.P.

Trained as an Ayurvedic practitioner over a twelve-year classical apprenticeship with Vaidya Vasant D. Lad, M.A.Sc., Jaisri teaches all levels of Ayurveda and offers personal health consultation services. Jaisri developed Turiya Therapy from Polarity Therapy and its parent science of Ayurvedic medicine.

Learn the "General Session", an introduction to Turiya Therapy including basic concepts, assessment techniques, chakra balancing, marma points, cranial protocols, mind/body principles, and much more. Turiya Therapy has its roots in Polarity Therapy and Ayurvedic medicine, and recognizes unresolved emotions as pathogens while offering powerful hands-on techniques for psycho-emotional and psycho-spiritual self healing.

Balancing the Doshas" introduces more than six new protocols and techniques to deepen the "General Session". You will learn how to identify "doshas" and to use protocols for balancing Vata (air principle), Pitta (fire principle) and Kapha (earth principle) and their respective balancing protocols in Marma Chikitsa (Turiya Therapy). This program is suited to those with some knowledge of Ayurveda who want to deepen their clinical bodywork practice. Prerequisite: 'Ayurveda Studies Program, August 5-29, 2014.

Dates:	Sept. 5-7	The General Session	Location:	Surrey, BC.
	Sept.12-14	Vata Balancing Protocols	Times:	Fri. 6-9pm, Sat. 10-6pm, Sun. 2-6pm
	Sept.19-21	Pitta Balancing Protocols	Investment*	\$450/seminar if fully paid by Aug 29
	Sept.26-28	Kapha Balancing Protocols		\$475/seminar thereafter

Registration deadline is Sept. 4, 2014, space permitting

**50% discount applies to those who have taken Turiya Therapy with Jaisri prior, space permitting.
Enrollment limited and filling quickly. (Ensure your spot by early registration).*

For more information and registration, please go to www.ayurveda-seminars.com or call Jaisri at 604-290-8201 (Can.) or 408-378-2880 (U.S.). Email at jaisri@ayurveda-seminars.com

Name: _____ Email: _____

Address: _____ City: _____

Telephone: _____ Program: _____

Date: _____ Amount Enclosed: _____