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Co-sponsored by Mukta Mudgal of Ayurbeing.com and Ayurveda Seminars & Consulting

# TURIYA THERAPY ©

## The General Session With Originator Jaisri M. Lambert

### Ayurveda & Turiya Therapy

Ayurveda is the world's oldest holistic health science. "Turiya" is a repertoire of hands-on contact techniques based in Ayurvedic "MARMA" (energy point) Therapy which seeks to still the mind, support self-realization and transcend psycho-emotional causes of 'dis-ease'. Turiya therapy is safe, effective, easy to learn and profound to apply.



### Jaisri M. Lambert, R.P.P.

Trained as an Ayurvedic practitioner over a twelve-year classical apprenticeship with Vaidya Vasant D. Lad, M.A.Sc., Jaisri teaches all levels of Ayurveda and offers personal health consultation services. Jaisri developed Turiya Therapy from Polarity Therapy and its parent science of Ayurvedic medicine.

Learn the "General Session", an introduction to Turiya Therapy including basic concepts, assessment techniques, chakra balancing, marma points, cranial protocols, mind/body principles, and much more. Turiya Therapy has its roots in Polarity Therapy and Ayurvedic medicine, and recognizes unresolved emotions as pathogens, while offering powerful hands-on techniques for psycho-emotional and psycho-spiritual self-healing.

**2016 Dates:** March 4-6, 2016 — The General Session

**Times:** Fri. 6-9pm, Sat. 10-6pm, Sun. 10 am-6 pm

**Location:** Oakville, Ontario, Canada

**Investment\*** \$495 if fully paid by March 1, 2016; \$556 thereafter

**Pre-registration deadline is March 1, 2016, space permitting**  
Enrollment limited. **(Ensure your spot by early registration.)**

For more information and registration, contact [mukta@ayurbeing.com](mailto:mukta@ayurbeing.com)  
Phone: 405-483-0268 (Can.) Please make checks payable to Mukta Mudgal.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Telephone: \_\_\_\_\_ Program: \_\_\_\_\_

Date: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_