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Presented by Ayurveda Seminars & Consulting and Camela Cowan

TURIYA THERAPY[©]

With Originator Jaisri M. Lambert

Ayurveda & Turiya Therapy

Ayurveda is the world's oldest holistic health science. "Turiya" is a repertoire of hands-on contact techniques based in Ayurvedic "MARMA" (energy point) Therapy which seeks to still the mind, support self-realization and transcend psycho-emotional causes of 'dis-ease'. Turiya therapy is safe, effective, easy to learn and profound to apply.



Jaisri M. Lambert, R.P.P.

Trained as an Ayurvedic practitioner over a twelve-year classical apprenticeship with Vaidya Vasant D. Lad, M.A.Sc., Jaisri teaches all levels of Ayurveda and offers personal health consultation services. Jaisri developed Turiya Therapy from Polarity Therapy and its parent science of Ayurvedic medicine.

Learn the "General Session", an introduction to Turiya Therapy including basic concepts, assessment techniques, chakra balancing, marma points, cranial protocols, mind/body principles, and much more. Turiya Therapy has its roots in Polarity Therapy and Ayurvedic medicine, and recognizes unresolved emotions as pathogens while offering powerful hands-on techniques for psycho-emotional and psycho-spiritual self-healing.

"Balancing the Doshas" introduces more than six new protocols and techniques to deepen the "General Session." You will learn how to identify "doshas" and to use protocols for balancing Vata (air principle), Pitta (fire principle) and Kapha (earth principle) and their respective balancing protocols in Marma Chikitsa (Turiya Therapy). This program is suited to those with some knowledge of Ayurveda who want to deepen their clinical bodywork practice. Prerequisite: **Ayurveda Studies Program 70 hrs. or equivalent.**

2017 Dates: April 28-May 7, 2017

The General Session, Vata Balancing Protocols, Pitta Balancing Protocols and Kapha Balancing Protocols

Location: Nelson, B.C. **Times:** 10 am to 6 pm daily

Investment: \$1997 if fully paid by April 21, 2017; \$2127 thereafter.

Can be earned back in weeks.

Registration deadline is April 27, 2017, space permitting . . . if paid by April 21, 2017. Enrollment limited so please ensure your spot by early registration.

\$197 deposit (non-refundable) holds your spot until April 1, 2017

For more information and registration, contact Camela Cowan, at (250) 505-3875 or email her at: camelacowan@yahoo.ca. To contact Jaisri Lambert, call 604-290-8201 or visit: Ayurveda-Seminars.com

Name: _____ Email: _____

Address: _____ City: _____

Telephone: _____ Program: _____

Date: _____ Amount Enclosed: _____