

SECRETS OF MARMA THERAPY

with JAISRI M. LAMBERT, Ayurveda Practitioner & Consultant

WHAT IS MARMA THERAPY?

Marma science is the knowledge of energy points, meridians and reflex functions of the Invisible Anatomy ©. Touch therapy is applied to junctions where healing is needed. Marma Therapy is useful for health and balance of postural, physiological and psycho-emotional functions. It is ancient secret knowledge now available to you today to complement your health care program. The protocols are simple, safe and profoundly effective in the self-realization process of human life.

Marma points are located at specific junctions of blood, nerve, sinew and energy meridians. Marma points are locations where physical tissues, organs and levels of consciousness meet. They serve as doorways for self-awareness and self-healing. Through their contact, one can directly perceive the subtle psycho-emotional roots of symptoms and suffering.



THE LEARNING EXPERIENCE

Join with us for a practical hands-on approach to learning the deeper healing meanings of ‘Sparsha’ (touch therapy) from ancient Ayurveda. You’ll learn the complete protocol of ‘The General Session’. Marmas are the doorways to underlying unresolved emotional patterns (causes) precipitating the symptoms (effects). Both giver and receiver benefit from the treatment. This program is useful for self-healing, as well as for health care practitioners to complement and strengthen their clinical skill base.

THE INSTRUCTOR

Jaisri Lambert has almost 30 years of clinical and teaching experience in the ancient science of “Marma” therapy and other aspects of Ayurveda. During her twelve-year apprenticeship in classical Ayurveda with Vaidya Vasant D. Lad, widely recognized as the master teacher of Ayurveda today, she learned many hidden secrets of “Marma” (secret hidden doorways) science and other healing techniques. Jaisri has developed a body-based counseling science rooted in the Marma therapies of Ayurveda, which Vaidya Lad called “Turiya Therapy”. She has a deep knowledge of herbal formulations, individualized wellness programs, bodywork techniques, pulse assessment and Panchakarma.

DATES & TIMES:

June 29th - July 1st: Fri. 6-9pm, Sat. 10am – 6pm, Sun. 1-5pm

LOCATION: T.B.A.

REGISTRATION: \$325 by June 21, 2012; \$375 thereafter

To register, please call Sheena at 778-708-1592

For more information, please visit www.ayurveda-seminars.com