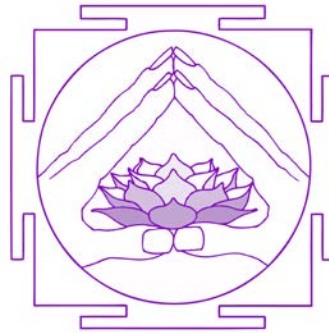


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# India

*Jaisri M. Lambert*

## Ayurveda Healing Retreat in India

Panchakarma (PK) Healing Programs for Physical & Spiritual Health

Dec 20, 2015 - Jan 30, 2016

### Program Highlights

- Individualized Ayurveda treatments and medicines
- Consultations with Vaidyagrama Physicians
- Travel with Ayurvedic consultant Jaisri M. Lambert
- Discussions about Ayurveda and Panchakarma
- Morning & evening talks, chants and meditations
- Special pujas and ceremonies
- The support of a group of like-minded participants

This program is for those who feel ready to take the time to go more deeply within for Ayurvedic learning, rejuvenation, strengthening and cleansing. This unique program has come together to support western participants in an eastern context, learning by living, studying, self-healing and meditating in a traditional setting. Individualized Panchakarma programs of 21 or 41 days are intended to bring both physical and spiritual benefits of cleansing and rejuvenation.

This wonderful opportunity is co-facilitated by well-known Ayurveda consultant and practitioner, Jaisri M. Lambert, and supervised by the physicians and staff at the Ayurveda Vaidyagrama Healing Village in Coimbatore, India.

In addition to the classical healing programs, we also offer the optional opportunity for you to attend the 5th International Conference on Ayurveda and Pre-Conference Workshops, taking place at Vaidyagrama in advance of your Panchakarma program. World renowned presenters include Dr. Vasant Lad, Mother Maya, Dr. Robert Svoboda, Dr. Gopala Krishnan, Dr. Claudia Welch, and Myra Lewin.



### Tour Price

From USD \$4400 for 21 days & USD \$6400 for 41 days

**Tour Includes:** Roundtrip transportation between Coimbatore Airport to Vaidyagrama. Accommodation at Vaidyagrama Ayurveda Healing Village. Individualized Ayurveda treatments by onsite physician-supervised practitioners. Ayurveda medicines while in treatment. Consultations with Vaidyagrama Physicians. All meals and herbal teas/coconut water.

In partnership with: [www.ayurveda-seminars.com](http://www.ayurveda-seminars.com)

**For more info please contact:**



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